WHAT YOU SHOULD KNOW ABOUT:

HEPATITIS A

A highly contagious liver infection caused by a virus spread from person to person. The illness can last for weeks to months.

How is it spread?



Forgetting to wash your hands after using the bathroom or changing diapers



Having sexual contact with infected partner(s)



Eating or drinking foods contaminated by hepatitis A

What are the symptoms?



Throwing up or feeling like throwing up



Yellowing of the eyes and skin.

OTHER SYMPTOMS INCLUDE: Dark Pee · Gray Poop · Joint Pain · Feeling Tired · Loss of Appetite · Stomach Pain

How can you protect yourself and prevent the spread?



Get vaccinated. Visit BrunswickCountyNC.gov for information on where to get shots.



Wash hands with soap and water before eating or preparing food and after using the bathroom/changing diapers.



Use a latex condom for any type of sex, and use a water-based lubricant to help reduce the chance of the condom breaking.



Use a dental dam as a barrier for protection when rimming.

